

**FRIENDSHIP FARMS & FARE**  
FARM REPORT & NEWSLETTER  
MAY 5, 2014 - 31<sup>ST</sup> FARM & CSA REPORT

**REPORT**

**69 degrees at 3:30 AM, May 3, 2014**

**Historical Average (5/1): 84 HIGH, 66 LOW–Weather Underground:**

<http://www.wunderground.com/>

The historical average increases about one degree each week. The current average high is now **fourteen** degrees higher than the lowest average high (70), and **fifteen** degrees higher than the lowest average low (51). The average will continue to increase through the spring. It will reach the highest average high in early June (90 degrees) and remain there until early September.

**Weather Report**

Temperatures were well above normal this past week, with rain arriving Friday ahead of an advancing late-season cold front. We reached 90 degrees for the first time on April 29, although the official report was 89. The record high for that date is 91, set in 1984. There are 90s in the forecast for the coming week. June 4 is the day when the historical average reaches 90.

**Garden Overview**

Friday's rain was welcome, and very timely for the new plantings.

Composting of winter crops continues, with seeds being harvested from strongest plants. Kale is the only winter crop still producing. There are still some productive broccoli plants. If you'd like some of the last broccoli of the season, include with your share request.

We started a few more seeds this week, and continued to plant okra seedlings in the South Garden. Sweet potatoes are taking off nicely.

Seed tests of Spring 2014 broccoli, arugula, and cilantro were all successful – 100% germination.

**Spring/Summer Plantings**

This spring we are committed to growing bell peppers, cucumbers, and peach tomatoes. Of the three, only the cucumbers are thriving. We'll try another round of seedlings on the tomatoes and peppers.

For summer, we are going with okra, sweet potatoes, and (for the first time) eggplant. We'll also try some peanuts (which have sprouted). Most herbs will be productive through the summer, and we'll have sweet potato leaves by June at the latest.

**Pecan Tree Leafing**

Our giant pecan tree began leafing this week – another sign of spring. First leaves were noticed on Monday (April 28). It leafs out very quickly, and by this time next month it will thick with leaves, shading the southern part of the South Garden.

This tree produces nuts each year, but other residents of the community consume the nuts before we can harvest them. Most likely, squirrels are enjoying the nuts, although this is not a certainty. Even if we could get to the nuts before others consumed them, we would have difficulty harvesting them because of the height of the tree – over 40 feet tall.

There are large pecan groves in the Big Bend, and further north into the middle south. The groves are harvested using a machine that shakes the tree when the nuts are mature, dislodging the nuts from the branches.

### **Repeat of Last Week's Special News on Duncan grapefruit seeds**

Many of you may remember the outstanding Duncan (Old Florida) grapefruit we harvested last winter, from Bartlett's Forgotten Grove. The grove may be over 50 years old, and it is the only grove of any size that we have found producing those wonderful old Florida grapefruit. Inspired by the health and longevity of the grove (to say nothing of the outstanding quality of the fruit), we saved and planted 20 seeds from the harvest. We are very happy to report that every single seed has sprouted! Every one! This is rather remarkable, to say the least. Those are very old trees, yet their seed is vigorous and potent. We'll give these little seedlings of such wonderful heritage and pedigree full attention and greatest care.

As a sidebar to the this report, we note that Bartlett's Forgotten Grove showed no signs of Citrus Greening. This may be an accident or something unrelated to the tree-stock, but if the trees themselves are resistant to this citrus plague, it is possible that their spawn will also be resistant.

See *Farm Report* for December 23, 2013 in Archives, and the section "[Special Citrus News: Bartlett's Forgotten Grove.](http://media.wix.com/ugd/643592_61e341550681474089af7833fe5ad6ef.pdf)" [http://media.wix.com/ugd/643592\\_61e341550681474089af7833fe5ad6ef.pdf](http://media.wix.com/ugd/643592_61e341550681474089af7833fe5ad6ef.pdf)

### **Purslane**

Purslane continues to thrive. Early to mid-Spring is a particularly productive time for this hardy little plant. As most CSA members know, purslane has the greatest concentration of omega oils of any land-based food. Only a few fish have a higher concentration of omega oils than this cheerful little plant. There is enough thriving throughout the gardens to supply all shares making requests.

### **Viticulture (Grape News)**

Our six grape vines are flourishing. Our adventure in viticulture is a joint project with our neighboring farm, Harts' Gardens & Groves. In the near future, Ray will install arbors for the vines to climb. Most of the precocious clusters have dropped, which is fine, since we want the vines to grow strong and put their energy into stem and leaf development. Precocious fruiting inhibits stem and leaf development, so the loss of the clusters is to the advantage of the vines and the vinyard.

### **Eggplant**

We planted the first of our Florida High Bush variety in the both gardens. So far, Florida High Bush is the most successful of our eggplant varieties. This week we seeded Diamond.

See archives for April 7, for detailed account of eggplant varieties and cultures of origin. [http://media.wix.com/ugd/643592\\_6fd736191eff46a8bf7c91e04bd5c78f.pdf](http://media.wix.com/ugd/643592_6fd736191eff46a8bf7c91e04bd5c78f.pdf)

### **Okra**

Okra is developing nicely. We are delighted with the very high germination rate, and have started more seeds. Also, as a reminder, all of our seeds are from our farm, saved from previous years.

We have planted a few seedlings of all varieties in the South Garden. All are doing well.

### **Cucumbers**

The Japanese cucumbers and Longfellows in the New South Garden are maturing a bit more quickly than previously observed. There are many flowers and the first tiny fruit. Four Japanese cucumbers planted in a test planter are doing exceptionally well.

### **Loquats**

With this report we bid adieu to our delightful spring treat. We are planning next year's festival, and if anyone would like to help with the event, just let us know.

### **Broccoli**

Broccoli is nearing the end of the season, and only a few small heads remain. Quantities are light.

We might have a few small heads this week and next.

### **Arugula**

The arugula season is now closed. The plants are still producing leaves, but most are going to seed. We are grateful for the abundant seeds produced by this hearty plant.

### **Tomatoes**

The several young volunteer plants in various parts of the gardens are now manifesting blight.

The peach tomatoes are struggling, and only a few appear healthy. We've lost more than half the seedlings.

### **Citrus**

Most of the citrus has set fruit. Some trees have produced a tremendous quantity. We'll remove some fruit buds to encourage strengthening of trunks, limbs, and vascular systems.

All told, we should have a modest harvest, judging on the quantity of the young fruit. We continue to nourish the young citrus trees with ground and foliar fertilizer once a month.

We missed our April application, and will apply the treatment as soon as this weekend's rain passes.

### **Fruit Buds on Fig Trees**

Our fig trees (installed last year) have their first fruit buds. The fruit is a happy companion to the healthy burst of leaves.

### **Persimmons**

Persimmons, planted at the same time as the figs, continue their dramatic leafing performance. There is no sign of fruit or flower.

### **Sweet Potatoes**

We planted our second shipment of slips this week – 25 Georgia Jets and 50 Beauregards. The Jets were not in good shape, and as many as half may not survive. Beauregards were in excellent shape.

This week we collected slips from last year's regenerating sweet potatoes and roots in our gardens. All told, we probably have thirty slips. We'll plant these in test areas in the coming week. Several the regenerating vines are producing flowers. Spring!

We order our slips from George's Plant Farm in Martin, Tennessee, as we have since we started growing SPs. George's is a family farm, with a wonderful story. To learn about the Dellinger Family and their farm, here is a link to their website: <http://www.tatorman.com/>

### **Habanero Peppers**

The Habaneros are again producing at a prodigious pace. We have plenty available for shares. Be advised, **these peppers are very very hot**. They are so hot, that handling them after slicing can burn your fingers – as some of us have learned.

All four of our larger habanero plants are now the size of small shrubs. They made it through the winter without any special treatment. The largest of the four (Hermosa Abuela) is now putting on quite a show – a real fashion statement, with dozens of bright white flowers, complemented with bright spring leaves, and green and orange fruit.

**If anyone has a relationship with a restaurant whose chefs want to use a local organic searing-hot pepper, we'll be happy to supply for a reasonable contribution -- \$1.00 per pepper.**

### **Cat Briar (Smilax)**

The cats are out in the South Garden. Well, not actual cats, but Cat Briar (Smilax), a native shrub that has vining characteristics. This is the season when Cat Briar takes off (and tries to take over other vegetation and open space). We have an abundance of Cat Briar shrubs thriving in the New South Garden. The tips of the young plants are delicious and nutrient dense. They taste like wild asparagus, and can be eaten raw, sautéed, or used in stews. We'll include with your share, if you like. We've been enjoying fresh smilax for the past week.

**Be advised, some recommend not eating large quantities raw.**

Smilax, as most readers know, was a wood nymph. She and the mortal, Krokus, loved each other in violation of sacred norms. As a result of their sacrilege, as well as a healthy dose of jealousy, the great god, Artemis (who was also intimately involved with Krokus), put an end to the relationship by turning Krokus into a plant. We all know Krokus in his current form. Artemis then turned Smilax into a plant, "a brambly vine so she and Krokus could forever entwine themselves." For more on the story of Krokus and Smilax, see the site for the excerpt that follows.

Here is a brief excerpt from a good site on Cat Briar:

"They provide protection and food for over forty different species of birds and are an important part of the diet for deer and black bears. Rabbits eat the evergreen leaves and vines, leaving a telltale (tell tail?) 45 degree cut. Beavers eat the roots. *Smilax* also has a long history with man, most famous perhaps for providing sarsaparilla. The roots (actually rhizomes) of several native species can also be processed (requiring more energy than obtained) to produce a dry red powder that can be used as a thickener or to make a juice. Young roots — finger size or smaller — can also be cooked and eaten. While the tips and shoots can be eaten raw a lot of raw ones give me a stomach ache."

For more on our own vigorous wood nymph, see this account from "Eat the Weeds":

<http://www.eattheweeds.com/smilax-a-brier-and-that%E2%80%99s-no-bull/>

**Honey:** Local honey is again available. Our bee husbander, Robert, has just brought in an ample honey harvest. We support Robert's work, which is as much about sustaining and regenerating bee populations as it is about honey distribution. Robert's bees live in West Pasco County, near New Port Richey, they pollinate wild flowers, domestic fruit trees, and vegetables. Honey is available in 8 oz. bottles for \$7.00 a bottle, \$5.50 for CSA Shares.

**Eggs:** We have increased the cost of the eggs to \$5.00 (\$4.00 per share). Our supplier has now gone to a certified non-GMO scratch for his chickens, which is significantly more expensive than the uncertified scratch. As you know, we work with a humane farmer, practicing compassionate farming methods. Even better, now the eggs will be free of GMOs – at least we can affirm they are being produced by chickens that are consuming non-GMO scratch.

**Herbs:** Oregano is thriving, along with tarragon, and rosemary. Consult the share list for available items.

**Tampa deliveries will be Wednesday this week.** West Pasco deliveries will be determined on the basis of share request and distance.

Anyone in the New Port Richey area can stop by on Sunday between 2:00 and 3:00 PM. Please call before coming by – 849-1626.

**For this week, here is what we have (FCFS, as always):**

### **THE SHARE**

**May 5, 2014 (31)**

**\* larger quantity available if desired**

**FCFS = limited supplies, early submissions given preference**

**Tampa Transmissions Wednesday**

#### **Vegetables**

**Broccoli (small quantity) (last call) FCFS**

**Kale**

**Onions – Vidalia**

**Peppers – Habanero\* – very hot**

**Smilax (Cat Briar) (small quantity)**

#### **Fruit –**

#### **Fungus (Mushrooms)**

#### **Nuts**

#### **Roots**

#### **Herbs (\* larger quantity available if desired)**

**Basil – Cinnamon (small quantity)**

**Chives**

**Mint – Citrus (Orange) Mint**

**Oregano**

**Parsley**

**Purslane**

**Rosemary\***

**Tarragon\***

**Thyme – (small quantity)**

#### **Seasonings**

**Bay Leaves – fresh leaves**

## **Medicinal** **Aloe\***

### **COMPANION FAUNA**

**Bat update:** The bats continue their absence. This is probably temporary. There is no explanation of their sudden disappearance, although this has happened several times before. It is common in the winter due to migration, and it happened in the spring last year. We'll be alert to the return of our companions.

The bats remain active in the night sky.

**Lubbers:** No new lubbers this week. Usually there are many hatchings by now. Only one so far this year.

**Crows:** A few crows in the vicinity.

**Great Horned Owl:** No sight or sound of the local owl.

**Opossum:** Young opossum near the North Garden's pond.

**Big Brown Bat:** No brown bat.

**Swifts:** Swifts are very busy in their lodge. Their distinctive chittering and the *wooshing* sound of their winged activity in the lodge has been a nightly experience.

**Tree Frogs:** First mating pair observed on April 28, and first egg clusters discovered the following day (April 29). The first tiny tadpoles were beginning to wiggle free of the reproductive gel by the 30<sup>th</sup>. There were two more clusters later in the week. Abundant songs, and several frogs observed.

**Leopard Frogs:** The Leopard frog has been at her regular posts all week. She either perches on the bank of the North pond, in the pond among the water lettuce, or (in hiding) just under a small overhang. She has been enjoying crickets that get close to (or into) the pond.

**Greenhouse Frogs:** No greenhouse frogs. Their annual cycle has probably passed.

**Southern Toad:** No toads this week.

**Florida Black Snake:** The Florida Black not observed.

**Woodlouse** – Several in various locations.

**Nocturnal Garden Spider** – Profusion!

**Bees:** Many fewer bees this week. The spring flowers are largely spent, and seed pods are forming on domestic and wild plants. The bees have very few pollen sources.

**Sweet bees:** None

**"Asian Tramp Snail."** The snails are beginning to appear again.

**Cats:** Thanks to all who send condolences for the loss of Persephone and Mr. Goldie.

## **3F Stories, Events, and Policy Updates**

### **Planting & Harvest Notes**

**Seedings:** eggplant (Diamond), 43; okra (Silver Queen), 54;

**Garden Starts:** eggplant, okra, sweet potatoes

**Harvest Notes:** assorted herbs, arugula, broccoli, collards, kale, smilax, purslane, habenero peppers, bell peppers

**Vermipost:** no harvest

**Bat Guano:** no harvest (no bats)

### **Repeat of Last Week's Story Nursery Certification and Registration Ecology Florida/Friendship Farms & Fare**

In accord with state regulations, last Tuesday (April 22) we enjoyed a visit from Mr. Daniel Merced from the Florida Department of Agriculture, Bureau of Plant & Apiary Inspection. Mr. Merced's came by to inspect our nursery operation, pursuant of our receiving a state Certificate of Registration. We may include an image of the Farmer and Mr. Merced, if time and space allow.

Mr. Merced gave the nursery a very positive evaluation, and has approved the 3F Nursery for certification and registration. We'll let you know when we receive the official documentation. While with us, Mr. Merced also inspected our groves, and offered extremely helpful insights into citrus growing, and the conditions of our trees. Interestingly, Merced discovered Asian Citrus Psyllids on every citrus tree in our grove – that's the transporter of Citrus Greening. More interesting, perhaps, he detected no Greening in any of the young trees planted in the New South Grove in January, 2013. Your Farmer (now technically and officially a "Nurseryman") learned a great deal about identifying specific challenges citrus trees may face and treatments for these challenges.

Our successful pursuit of certification and registration is another step in the development of the Friendship Farms and Fare sustainable urban agriculture project. As most of you know, we are already a registered seed seller. The nursery certification is an important expression of our farm's mission and our commitment to responsible community development.

If you would like to support the work of Friendship Farms and Fare and help us cover expenses related to the project, please feel free to share a contribution. Friendship Farms and Fare operates under the umbrella of Ecology Florida, a not for profit corporation, so your contributions are tax deductible.

### **The Florida Loquat Festival: Celebrating Florida's Urban Fruit**

**April 5, 2014 – 11:00 – 2:00**

**Market Off Main, New Port Richey**

<http://www.ecologyflorida.org/2014/03/florida-loquat-festival-celebrating-floridas-urban-fruit/>

<http://tbo.com/Local/CommunityNews/festival-to-promote-little-known-loquat-tree-20140319/>

The first annual Florida Loquat Festival was a great success. Hundreds attended the festival. Fruit, trees, and preserves were sold or shared for donations. The educational program was well received. Folks are already looking forward to next year's festival. We may include an image from the event, if time and space allow.

### **Soil Test Results**

Results of our annual soil test have been received from the Institute of Food and Agricultural Sciences at the University of Florida. The test measures for phosphorus, potassium, magnesium, and calcium, and includes recommendations for additions of soil amenities to improve crop yield. Amenities are lime, nitrogen, phosphorus, potassium, and magnesium. Soils from the Old North and New South gardens all registered high in phosphorus, potassium, magnesium, and calcium. This is typical for First Farm gardens. No additional amenities were recommended (except for a little nitrogen in the south garden).

### **Friendship Farms and Fare Pursues Non-GMO and USDA Organic Certification**

As a matter of policy, Friendship Farms and Fare opposes the use of GMOs in food. We are exploring Non-GMO certification for our First Farm in New Port Richey, and possibly Tarry Lane Kitchens. We have the application in hand, and will be submitting it in the near future. Of course, we have never used GMO seeds or products containing GMOs, so you can rest assured that even without the certification, everything we share is free of GMOs.

We have also taken the initial steps to secure USDA Organic certification. The cost for USDA assessment (with no guarantee of approval) will be between \$950 and \$1300 depending on how much of the 3F project we desire to have assessed. As with our non-GMO commitment, we are fully committed to organic farming.

### **First Farm's Community Garden Project at New South Garden**

We are ready to receive applications for our community garden project. Folks interested in acquiring a plot, can contact us through the 3F site.

Shareholders interested in acquiring a plot may participate for reduced rates.

We have installed sample community garden beds. Each is (108 sq feet) 12 x 9 or 18 x 6.

### **Farm and Fare Tours (Local Urban Gardens and Organic Kitchen)**

If you would like to schedule a tour local urban gardens in New Port Richey and/or the 3F Kitchen (Tarry Lane Tasting Station), please let us know, and we can make arrangements. Our tours are experiential, informational, educational, and fun. Donations are greatly appreciated.

Typically, and depending on the season, participants visit several urban farms, learn about organic farming in an urban environment using permaculture philosophies and practices, observe and learn about urban wildlife and helpful plants, enjoy samples of live produce, and share in the preparation of the vegan cuisine. Tours are structured on the basis of participants' interests and background. We can also arrange focused learning sessions at the Gardens and/or the Kitchens.

Please note that an appropriate contribution for the tours and learning sessions will be suggested when tours are scheduled.

There are four categories of tours:

- \* Urban Farming, Gardening and Soil development
- \* Urban wildlife and helpful plants (note if you desire a bat observation, which requires special scheduling)
- \* Vegan, Organic food preparation
- \* General (including two or more categories)

Please note that an appropriate contribution for the tours and learning sessions will be suggested when tours are scheduled.

### **Next Workday: TBA**

If you would like to join us later in the Spring, send your best Saturday(s) in May and June.

### **3F: A Florida Friendly Farm**

The 3 F gardens are certified as a "Florida Friendly" environment – a certification we have held for over a decade.

Florida Friendly recognition is given to environments (typically residential yards) that support and enhance natural ecosystems. Certification is given in three categories (bronze, silver, and gold) based on a point system rating various features of the property and practices followed by the property owner. We received a high score but only a silver rating because of some changes in the program of which we were unaware.

Attention is given to features such as water-retention, native and drought tolerant plants, diversity in plant species, responsible irrigation systems, and amenities for native pollinators. Positive practices include minimal use of fertilizers (with organic preferred) and little or no use of poisons, groundcovers rather than turf, composting, and rainwater collection systems.

We encourage all our members and friends to pursue Florida Friendly designation for their properties. It is a wonderful way to learn more about Florida's natural ecology and what you can do to create a healthy environment right where you live. It is also a great way to go green.

Folks who wonder what they can do be more environmentally responsible are encouraged to review the Florida Friendly checklist. If you can change even one thing about your yard or your landscape practices to bring it into agreement with the guidelines, you will have made a difference. Even if you do not apply for the designation, reviewing the criteria will be an enriching educational experience. Putting the guidelines into practice will make a definite difference. Here is the website for the program:

<http://fyn.ifas.ufl.edu/homeowners/recognitions.htm>

### **Seed Dealer License Ecology Florida/Friendship Farms & Fare S009451**

3 F is now a licensed Seed Dealer. The Florida Department of Agriculture and Consumer Services issues these licenses, which are required to sell seeds to the public. Through our friendship with Ecology Florida, we applied for the license as a subsidiary of Ecology Florida – a federally sanctioned Not For Profit organization. Want to buy some seeds? To explore the Ecology Florida project, see: <http://www.ecologyflorida.org/>

**3F Produce for non-shareholders (if available):** As always, non-CSA Members may request produce from the share list for \$5 per item. If requested items remain after shares have been

distributed, they may be acquired by non-members. Just reply to this email if you desire anything on the list. We suggest non-shareholders start an account to cover costs of items.

**Website Link:** Please visit our website < <http://www.fffsite.org> > for weekly newsletters, share details, recipes, educational texts and videos, special 3F Films, and community growing information. You will also have access to the new agrarian literary journal, *Bloom*.

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## Other News and Reports

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### COMMERCIAL PRODUCE REPORT

**Our Commercial Produce News Report is currently in repose. We will resume when time and talent allow. If anyone would like to volunteer to collect market prices, please let us know.**

### OTHER PRODUCTS FOR THE CSA FAMILY

**Non-Members may order shares for \$10 per week.** For this nominal amount, the contributor is entitled to request any items they desire from the weekly Share. Although we will assist with transmissions, it is the responsibility of the contributor to make arrangements for pick up of the share.

**EGGS.** Prices are \$5.00 a dozen (\$4.00 for shares), and \$3.00 a half-dozen (\$2.50 for shares). These prices are competitive with prices for organic eggs at commercial grocers. As required by our policies, our supplier is local, follows organic principles, practices compassionate husbandry, and allows chickens free range. If you would like to be included on the egg list, please start an account (\$20 suggested), and make requests accordingly. Eggs are from humanely treated chickens, and fed non-GMO feed.

**Honey:** Local West Pasco honey is available in 8 oz. bottles for \$7.00 (\$5.50 for shares).

**Seeds:** If you would like organic vegetable seeds for your garden, we will order them for you. Seed packs are \$4.00 each, 2 for \$7.00, and 5 for \$14.00.

**Seedlings:** We are also happy to start plants for you. Just give us the word on the plants you want us to start, and we'll do the rest. Starter plants in cells are \$1.50 per plant (\$1, for shares), \$5.00 (\$4) for four, \$8.00 (\$7.00) for nine. When available, small plants are \$3.00 (\$2.40) each, and medium plants are \$5.00 (\$4).

**Let us know if you want to acquire seeds or starts.**

**We have okra starts.**

**Trees:** Young Loquat trees are available in small (half-gallon) and medium (gallon) pots - \$6.00 (\$4.50 for shareholders). \$12.00 (\$9.50) for two-gallon and larger pots.

**Vermipost and Worms:** For folks interested in organic gardening, we have the best all-natural soil amenities you can find: Vermipost and Worms! Vermipost is compost that has been broken down and enriched by Red Worms. We also have the worms themselves. **Vermipost** is available in 32 oz containers for \$2.50 each (\$2.00 for shareholders), with discounts for orders of five or more. Vermipost containers will most likely have some worms in the mix. We recommend mixing the vermipost 1 to 1 with regular soil, and 1 to 3 or 4 with organic soil. Remember, if you use synthetic chemicals (such as fertilizers or pesticides), the vermipost will be compromised. Pesticides will kill the worms and synthetic fertilizers will kill the worms or drive them away.

**Worms** are available in 32 oz containers for \$7.50 (\$6 for shareholders). We cannot specify the exact number of worms in a container, but there should be 30-50. By the way, if you are developing an organic garden, always look for the OMRI seal of approval on fertilizers, soils, and insect deterrents.

**Seeds:** Shareholders are entitled to seeds from our seed bank – three types of okra and our famous Calabrese broccoli. Our seeds are organic and derived from heirloom stock. They are listed with Seed Savers Exchange, and also available at the New Port Richey Library Seed Exchange. Let us know if you are interested – additional packages of seeds for \$4.00 (\$3.20) a packet (of 30). We cannot guarantee germination, but in our tests germination rates are close to 100%.

Heirloom, organic seeds from Seed Savers Exchange are \$4.50 each (\$3.50 for shares).

Florida Central West Coast acclimated Okra Seeds offered by 3F are: Silver Queen, Star of David, Red Burgundy, and Hill Country Red.

## **Local Markets and Growers' Sites Open to the Public Endorsed by Friendship Farms & Fare**

**Market Off Main:** We encourage members of the TBN G&G CSA to patronize the Market Off Main in New Port Richey, and other local produce markets. They often have organics, usually have local produce, are locally owned, and are now a distributor of Cow Pots. Here is their website: <http://www.marketoffmain.com/>

**Tasty Tuesdays:** Visit the New Port Richey Library Tuesday (10:00 AM – 1:00 PM) for a good selection of locally grown organic vegetables. [New Port Richey Public Library, 5939 Main St, New Port Richey, FL](#)

**Freedom House Farms:** Open to visitors on Saturday afternoons. Featuring freshly harvested produce available for purchase. 5642 Virginia Ave., New Port Richey

**First Farm:** Receptive to visitors on Sunday afternoons. Featuring seeds, seedlings, Loquat trees, and select produce in season. Call for appointment afternoons or evenings: (727) 849-1626. New Port Richey.

**To Return to our website,** go to: < <http://www.ffffsite.org> >

**Friendship Farms & Fare  
An Urban Farm Community, CSA, and Organic Wholefoods Kitchen**

**Friendship Farms & Fare Community**

**Cadle's Cove Farm  
Freedom House Farm  
Friendship Farms & Fare: First Farm  
Seeds of Love Organic Farm  
Tarry Lane Tasting Station**

**May 5, 2014 – 31st report for the 2013-2014 Garden Year**

**###**